



# Rainbow Days



*Helping children and youth in adversity build coping skills and resilience to create positive futures*

**MEETING THE NEED** When children and youth experience adversity – whether abuse, dysfunction, homelessness or poverty – there are lifelong effects for them, their families and communities. Rainbow Days is a nonprofit organization that **breaks these cycles** by creating supportive communities through support groups, positive experiences and training for other providers. Children learn and practice healthy self-management, relationship and decision-making skills with positive adult role models. By being better equipped with coping abilities and resilience, they can rise above life’s challenges to create positive futures.



## CORE SERVICES

**Community Connection** Our School-Based program works with over 9,000 students, ages 6-17, each year through partnerships with 60 different elementary, middle and high schools in Dallas ISD, Richardson ISD, Grand Prairie ISD and other schools and recreation centers. Rainbow Days’ trained program staff provides weekly support groups using Rainbow Days’ evidence-based Curricula, The Curriculum-Based Support Group (CBSG®) Program, which improves student’s social, emotional and behavioral health. We also provide tobacco prevention presentations, Red Ribbon Week assemblies, leadership camp, backpacks and other services for at-risk children and youth.

**Family Connection** Our Shelter-Based program works with over 1,000 homeless children, ages 4-12, in Dallas and Collin counties who are residing in local shelters, domestic violence centers, foster care placement centers, motels and other sites. Rainbow Days’ trained program staff provides weekly support groups at each shelter, themed summer day camps in the community, family outings, holiday celebrations, mentored activities, school supplies and other items to meet children’s social, emotional, academic and tangible physical needs.

**The Trans4m Center** Our Training Services expand Rainbow Days’ impact by training thousands of youth-serving professionals in Rainbow Days’ curricula each year throughout Texas, the U.S. and beyond.

## FROM THE KIDS

*“Rainbow Days’ groups helped me to know that I can relieve my stress and talk to safe people about my problems. I’m learning better things like to believe in myself.” Trey, age 13*

## IMPACT

Rainbow Days makes a lasting impact in children’s lives. Our award-winning, evidence-based **Curriculum-Based Support Group (CBSG®) Program** has been proven to:

- \* Increase children’s social-emotional learning skills and improve their mental and emotional health
- \* Increase children’s commitment to making healthy choices, including staying in school and staying drug-free!
- \* Prevent and reduce substance use
- \* Prevent negative behaviors, including rebelliousness, delinquency and violence



# Get Involved

*Give. Volunteer. Make a Difference.*



## **VOLUNTEER OPPORTUNITIES**

Rainbow Days is fortunate to count on the support of over 1,000 volunteers who give over 5,500 hours of service each year! Whether they are serving lunch to a child at camp or organizing a drive at their workplace for school supplies, we value our volunteers' support! **Prior to volunteering at a Rainbow Days event that involves direct service with children, a completed volunteer application, including a criminal background check, is required.** Upcoming opportunities include:

- **Easter Eggstravaganza - April:** Volunteers lead games, serve lunch, distribute baskets and complete other duties at Rainbow Days' annual Easter party for homeless families.
- **Summer Camp – June - August:** Volunteers help serve lunch, facilitate games, teach classes and assist with setting up and breaking down before and after each camp.
- **Back-to-School Celebration - August:** Volunteers help lead games, serve refreshments and distribute new backpacks and uniforms at our party for homeless children.



*For more information on volunteering, contact **Sunni Roaten, Volunteer Manager**, at [sunnir@rainbowdays.org](mailto:sunnir@rainbowdays.org).*

## **SUPPLY NEEDS**

- **Snacks & Pizza Gift Cards:** We need donations of individually wrapped snacks and pizza gift cards to feed hungry kids.
- **Small Toys & Prizes:** We need donations of new small toys and prizes to reward positive behavior.
- **School Supplies:** We need donations of an assortment of school supplies, including crayons, markers, pencils, etc.



## **DONATE**

Make a financial donation and help change the trajectory of a child's life. Every gift makes a difference!

- **\$25** – Sponsor a child to attend Easter Eggstravaganza
- **\$150** – Sponsor 10 sessions of Support Group for one child
- **\$300** – Sponsor a child to attend a Rainbow Days' Summer Camp
- **\$1,000** – Sponsor a child for a full year of Rainbow Days' programs
- **\$1,500** – Sponsor a Table at the Pot of Gold Luncheon, which supports all of our programs to benefit children and youth in adversity

## **SAVE THE DATE**

Get connected with other supporters and join us at one of these upcoming events:

### **APRIL 13** – EASTER

**EGGSTRAVAGANZA** – Sign Up to Volunteer or donate eggs and filled baskets for our annual event.

### **MAY 3** – The POT OF GOLD

**LUNCHEON & SILENT AUCTION** at the Hilton Anatole - 10:30 a.m. – 1:30 p.m. – Tickets \$150

### **MAY 21** – OUR Children's Future

**Lunch and Learn** – 12:00 pm – 1:00 pm at our offices – Come and learn more about Rainbow Days and how you can get involved

For questions or more information on donating, please contact **Tiffany Beaudine, Director of Development**, at [tiffanyb@rainbowdays.org](mailto:tiffanyb@rainbowdays.org) or 214-217-3814.

