

Curriculum-Based Support Groups (CBSG®) Program: Target Group in Relationship to Different Prevention System Definitions

Institute of Medicine (IOM)

Mrazek & Haggerty, 1994.

UNIVERSAL

Targets the general public or whole population groups. The intervention is desirable for everyone.

SELECTIVE

Targets individuals or a sub-group whose risk (imminent or lifetime) for developing a disorder is significantly higher than average.

INDICATED

Targets individuals in high-risk environments who have minimal but detectable signs or symptoms foreshadowing a disorder, or markers indicating pre-disposition, but do not meet diagnostic criteria for the disorder.

NIDA Redbook 1st Edition, 1997

(See also Second Edition, 2003)

UNIVERSAL

Targets the entire population with messages & programs aimed at preventing or delaying the abuse of alcohol, tobacco & other drugs (ATODs).

SELECTIVE

Targets subsets of total population at risk by virtue of membership in a particular population. Intervention is presented to the entire group without an individual's personal risk being assessed.

INDICATED

Targets individuals who are exhibiting early signs of substance abuse and other problem behaviors but at a sub-clinical level. They may or may not be abusing substances, but exhibit risk factors that increase their chances of developing a drug abuse problem.

Positive Behavior Support (PBS)

Homer, et. al., 1999.
USDOE/OSEP

UNIVERSAL

Proactive approaches that create positive school environments and build the capacity of schools to provide a safe environment for all children.

SELECTIVE

Targets students who are at risk or are beginning to exhibit signs of more serious behaviors. Interventions can be offered in small groups or to individual students.

INDICATED

Targets students who exhibit significant problem behaviors. Interventions are individualized; methods are standardized & follow a specific plan that includes a functional behavioral assessment and the development of a person-centered plan.

Mental Health Spectrum

Weisz, Sander. Durlak & Anton, 2005

UNIVERSAL

Address *risk factors* in entire populations of youth, e.g., a classroom, a school/schools. (NOTE: Separate from "Health Promotion"/Protective Factors)

SELECTIVE

Targets groups of youth because they share a significant risk factor or risk factors. They are at elevated risk for a disorder or disorders but have no significant symptoms.

INDICATED

Targets individual students who have significant symptoms of a disorder, but who do not currently meet the diagnostic criteria for the disorder. (Also known as Intensive Intervention)

CBSG Target Group

Brown, 1982, 1995, 2004, 2006

The CBSG Program Target Group

The CBSG Program targets male and female children and youth, ages 4-17, that meet the selective and indicated definitions highlighted above.